Augmenting the Field-of-View of Head-Mounted Displays
with Sparse Peripheral Displays

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![Prototype Images](image.png)

Figure 1. Our sparse peripheral display prototypes: (a) Virtual reality prototype SparseLightVR, with a 170\degree field of view, showing LED arrangement. (b) SparseLightVR imaged from the inside showing a forest scene. (c) Augmented reality prototype SparseLightAR, with a field of view exceeding 190\degree. (d) SparseLightAR showing a scene with butterflies and beach balls.

ABSTRACT

In this paper, we explore the concept of a sparse peripheral display, which augments the field-of-view of a head-mounted display with a lightweight, low-resolution, inexpensively produced array of LEDs surrounding the central high-resolution display. We show that sparse peripheral displays expand the available field-of-view up to 190\degree horizontally, nearly filling the human field-of-view. We prototyped two proof-of-concept implementations of sparse peripheral displays: a virtual reality headset, dubbed SparseLightVR, and an augmented reality headset, called SparseLightAR. Using SparseLightVR, we conducted a user study to evaluate the utility of our implementation, and a second user study to assess different visualization schemes in the periphery and their effect on simulator sickness. Our findings show that sparse peripheral displays are useful in conveying peripheral information and improving situational awareness, are generally preferred, and can help reduce motion sickness in nausea-susceptible people.

Author Keywords

Augmented reality; virtual reality; wide field-of-view; sparse peripheral display; peripheral vision

ACM Classification Keywords

H.5.1. Information interfaces and presentation (e.g. HCI): Multimedia information systems: Artificial, augmented, and virtual realities.

INTRODUCTION

Head-mounted Augmented and Virtual Reality (AR and VR) devices are increasingly popular due to a recent resurgence in interest, driven by technological improvements such as better displays, processing power and mobility. Such mixed-reality systems offer the promise of immersing a person in a virtual environment or digitally augmenting a person’s vision, enabling diverse applications in areas including gaming, information visualization, medical assistants, and more immersive communication.

However, one common limitation of such devices is their limited field-of-view (FOV). The human visual system has a binocular FOV exceeding 180\degree horizontally, yet current head-mounted virtual reality devices, such as the Oculus Rift, are limited to around 90\degree horizontally (Figure 3). Augmented reality devices such as Lumus DK-40 glasses and the upcoming Microsoft Hololens are even narrower, at around 40\degree horizontal (Figure 6). Notably, this means that the users of such displays either see pitch black (in VR) or an absence of virtual content (in AR) in their peripheral vision. This restricted FOV limits the immersive potential of mixed-reality systems, reduces the situational awareness of the person, and leaves the vast information-processing capabilities of the human visual system underutilized.

We propose the concept of sparse peripheral displays, which fill the periphery of a head-mounted display using a low-resolution, high-contrast array of diffused, colored LED lights, rendering of which is tightly coupled to the content presented on the device (Figure 1). Because sparse...
Peripheral displays can be lightweight and inexpensive to construct, they can easily be retrofitted to existing head-mounted displays, enhancing existing devices. To demonstrate our concept’s applicability to a range of form factors, we implemented two proof-of-concept implementations: a virtual reality display, called SparseLightVR, and an augmented reality display, called SparseLightAR.

We evaluated the effectiveness of our concept using our SparseLightVR prototype in a pair of user studies. In addition to confirming the benefits of increased situational awareness, our experiments showed that participants preferred SparseLightVR, reporting less effects from simulator sickness or nausea compared to the plain VR display. In particular, our participants found our novel peripheral countervection visualization to be particularly beneficial in reducing nausea. Our results confirm that sparse peripheral displays can be used to expand the field-of-view in mixed-reality environments while also countering the common nauseating effects of enlarged field-of-view [8, 16].

In summary, this paper makes the following three contributions:

- The concept of sparse peripheral displays and two proof-of-concept implementations: a virtual reality display (SparseLightVR) and an augmented reality display (SparseLightAR), along with a detailed description of their hardware and software designs.
- A peripheral countervection visualization, designed to reduce the effects of simulator sickness by presenting motion stimulation on the retina that counters any additional motions not generated by the user’s head movement itself (e.g., motion derived from controller input).
- A 17-person evaluation of SparseLightVR testing its ability to provide additional context to mixed-reality interactions, and a follow-up study examining the effects of various rendering strategies on simulator sickness.

BACKGROUND AND RELATED WORK

In contrast to foveal vision, which senses detail, color, and textures [27], peripheral vision is much lower resolution and attuned to sensing contrast [1] and motion [20]. Thus, displays targeting the periphery have different requirements than displays for the fovea, leading us to design our sparse peripheral displays to complement the high-resolution foveal display.

FOV and Simulator Sickness

Simulator sickness is a type of motion sickness induced by visual information that conflicts with vestibular and proprioceptive sensory cues [23]. The principal source of simulator sickness is induced perception of self-motion, orvection, caused by motion cues in the visual field that are not corroborated by vestibular sensory data [14]. In turn,vection is primarily derived from peripheral visual cues [5, 6], with the central visual field playing only a small role.

Consequently, research has confirmed that wide FOV displays can often induce simulator sickness more easily than narrow FOV displays [8, 16]. However, because wide FOV displays also result in higher presence and immersion [16], system designers face a difficult decision when choosing an appropriate FOV. In addition, technical difficulties in producing commercial devices with wide FOV (e.g., complicated optics, increased weight etc.) often limit the available FOV, limiting the depth of virtual experiences available to users.

Explorations of Wide FOV

Outside of AR/VR, many systems have explored displaying information or visualizations in the visual periphery. Most commonly, these peripheral displays provide additional context to a foveal display, an arrangement referred to as a focus plus context display [3]. Such displays often feature low-resolution context displays paired with a high-resolution focus display, similar in concept to the present sparse peripheral displays.

Other systems have explored using the periphery to present information and notifications [15], enhance user experiences through immersive peripheral projections [10], or expand the effective size of a display through low-resolution ambient light [26]. Recently, FoveAR [4] combined optically see-through glasses with wide FOV background projection as another example of such focus + periphery hybrid displays.

In the HMD space, Jones et al. [11] found that strategically placed static, bright areas in the peripheral visual field resulted in more accurate distance perception by HMD users, suggesting that even static illumination in the periphery can improve HMD experiences. In contrast, Knapp and Loomis found that reducing the FOV did not directly cause distance underestimation [13]. Watson et. al. [28] found that degradation of peripheral resolution did not significantly affect user performance on a complex visual search task.

Wide FOV HMDs

A few recent AR research prototypes [2, 18, 19] demonstrate higher FOVs (up to 92° horizontal, compared with 40° for commercial devices) albeit with significantly reduced image quality across the entire display. For example, Pinlight Displays [19] use a special light field display consisting of an LCD backed with an array of point light sources. These displays require significant computational power to render a full light field. Furthermore, the ultimate resolution of the display is diffraction-limited.

In VR, a number of systems have attempted to widen the field of view with complex optical configurations. For example, StarVR [9] (210° horizontal) and Wearality Sky [29] (150° diagonal) both use complex Fresnel lenses which
are challenging to manufacture and design, and introduce optical distortions which are hard to mitigate. Nagahara et al. [21] (180° horizontal) use a novel optical arrangement (catadioptrical optics), significantly increasing the weight of their device (3.75 kg headset).

Other approaches are possible. For instance, Yang and Kim [30] compress the virtual environment to provide higher virtual FOV. Similarly, Orlosky et al. [24] warp the display using fisheye lenses. Although these warping approaches result in higher virtual FOV, they trade off physical accuracy to do so.

Most related to our approach are systems that explicitly place low-resolution displays in the periphery. Nojima et al. [22] demonstrate a prototype peripheral display consisting of four 16x32 LED arrays worn on the user’s head. These display a moving random dot pattern as the user operates a normal computer monitor, increasing the user’s sense of self-motion. Baek et al. [2] place a pair of low-resolution LCDs on the either side of an HMD, but do not evaluate their prototype or describe its implementation in detail.

IMPLEMENTATION DETAILS

Both our VR and AR prototype displays share some of the same core components. The displays consist of a number of individually-addressable RGB LEDs (WS2812S 5050), connected in series to an Arduino microprocessor. These LEDs provide 24-bit color (8 bits per channel), and are all controlled from a single Arduino pin using a cascading serial protocol. Due to the high brightness of these LEDs coupled with their proximity to the eyes, we covered the LEDs with laser-cut diffuser material to absorb some of the light and smooth out the LED hotspots (Figures 2c, 5d).

To further reduce the brightness of these LEDs (which are designed for outdoor lighting applications), we undervolted the LEDs, driving them at 3.0 V instead of the recommended 5.0 V. We also performed a quick manual calibration of the LEDs to the central display, adjusting our software’s per-channel scale values so that the LEDs match both the brightness and color gamut of the display.

The rendering device continuously streams color data to the Arduino over a serial connection running at 500 kilobits per second. The rendering device is responsible for computing the color value output by each LED.

SparseLightVR

Our VR prototype, called SparseLightVR, is built on a commercial Oculus Rift DK2 head-mounted virtual reality device (Figure 2a). This device has a central high-resolution display of 960x1080 per eye, updating at 75 Hz. The binocular high-resolution field-of-view is approximately...
84° horizontal. The SparseLightVR peripheral display consists of 70 LEDs broken up into four groups, arranged as shown in Figures 3b and 4. Two groups of LEDs are placed in the far periphery inside the left and right edges of the display, and the other two groups are configured as rings in the near periphery surrounding the Oculus’ two eye displays. Laser-cut pieces of Delrin plastic cover the LEDs to diffuse the light (Figure 2c). The total sparse FOV is approximately 170° horizontal (Figure 3). The sparse peripheral display is driven at 100 Hz using an Arduino Duemilanove microprocessor, slightly faster than the Oculus’ native display refresh rate of 75 Hz.

SparseLightVR is driven by a desktop computer running Windows 8.1, a Core i7-3770 CPU and an NVIDIA Quadro K5000 graphics card. Applications were developed in Unity 5 using the Oculus VR 0.6 SDK.

SparseLightAR

Our AR prototype, called SparseLightAR, is built on a custom-built head-mounted see-through augmented reality device. This AR device is a modification of the commercial Samsung Galaxy Gear VR device. It consists of a smartphone (Samsung Galaxy S6) mounted flat across the top, connected to an external inertial measurement unit (Figure 5a). Collimating lenses opposite the display split the display output into two halves, one per eye, with each image individually projected at infinity. A half-silvered mirror mounted at a 45° angle between the display and lenses redirects the collimated images onto the eyes. The effect is that the display’s contents are overlaid onto the environment, creating a see-through augmented reality experience. The Samsung S6 display provides a resolution of 1280x1440 per eye at a refresh rate of 60 fps. The horizontal FOV of our AR display is 62°, comparable with similar wide FOV AR systems [7].

The SparseLightAR peripheral display for this prototype consists of 112 LEDs (Figure 5b) updated 75 times per second and arranged as two 4x14 rectangular matrices, one along each edge of our unit. In total, the field of view exceeds 190° horizontally (Figure 6). A DFRobot Beetle microcontroller drives the sparse peripheral display and is connected to the smartphone via USB On-The-Go. All rendering, microcontroller communication and motion tracking is performed on the phone itself without an external computer, and all LEDs are powered from the phone’s USB port. SparseLightAR applications are written in Unity 5 using Unity’s Android SDK and a modified version of the Samsung Gear VR SDK. As the Gear VR SDK is itself based on the Oculus VR SDK, most of our Unity code is common to both SparseLightVR and SparseLightAR.

As the LED arrays are opaque, we chose to leave the top and bottom areas of the field of view clear to preserve environmental peripheral cues (Figure 5c). We later discuss future designs employing smaller LEDs that could keep the environment visible in the spaces between LEDs.

Scene and LED Rendering

We used the Unity 5 game engine to implement the 3D virtual scenes and scenarios for our sparse peripheral displays. We implemented a reusable rendering component, which we called a light probe, responsible for updating a
single LED. The designer can place many such light probes in the scene, matching the arrangement of the LEDs of the sparse peripheral display they are representing (Figure 7). This configuration is easily attached to the user’s view and is updated as the user moves around the scene.

For each eye, a virtual camera renders the scene into a color buffer (Figure 8a). The color buffer is partitioned using a Voronoi diagram (Figure 8b), assigning each pixel in the buffer to the nearest light probe. The output color from each probe is the average color (using the CIELAB colorspace) of all pixels assigned to it. In this way, we guarantee that every object in the field of view contributes to at least one light probe, allowing even small details to be seen.

Our rendering implementation and light probe configurations are packaged into a prefabricated Unity object, enabling existing projects to be augmented simply by dropping this object in the scene. Furthermore, these light probes can be added to the Oculus VR SDK’s prefabricated headset object, allowing applications using the SDK to automatically support our sparse peripheral displays.

The actual color values sent to the LEDs are adjusted to match the colorspace of the central display (converting from the standardized sRGB colorspace to linear RGB), and then multiplied by predetermined per-channel scale factors, which correct for color gamut mismatches and brightness discrepancies. We took special care to match the gamut and brightness of our sparse peripheral display to the central display, as that makes the experience seamless and comfortable for longer use.

Peripheral Visualizations
As has been shown in several focus + periphery hybrid displays (e.g., Focus+Context [3], IllumiRoom [10]), designers have many options when creating content to be displayed in the periphery. They can choose to purely extend the FOV as faithfully as possible, or use the periphery for highlighting of a particular feature or style. We developed a number of proof of concept visualization schemes to explore how to effectively use the sparse peripheral displays in head-mounted displays.

In particular, we implemented the following three visualizations: full environment, objects only, and a novel rendering mode called countervection visualization.

**Full Environment**
This is the most naïve visualization, in which the periphery extends the FOV of the main display as faithfully as possible. All objects and scenery are rendered into the sparse display.

**Objects of Interest Only**
As an alternative to rendering the full environment, the designers can choose to render only select objects in the periphery. This can be helpful to draw the person’s attention to a particular object in their periphery that is currently not visible on the main foveal display.

**Countervection Visualization**
We contribute a novel visualization particularly suited to peripheral displays, which attempts to counteract motions not generated by physical head movement. We designed this visualization to reduce the negative effects of vection-induced simulator sickness caused by motion cues in the visual field [14].

Our countervection visualization consists of a series of vertical bars, placed in a spherical arrangement around the person’s avatar and only visible in the sparse peripheral display.
display (Figure 9). The sphere does not respond to physical head motions. However, when the user’s avatar moves or rotates (e.g., due to user input), the bars are shifted (via texture manipulation) so that they move in the same direction as the motion, i.e., opposite to what normally would occur. We call these contrary motions countervection cues, as they oppose the motion cues of the central display and thus reduce the feeling of vection (self-motion). For example, if the user walks forward, the bars will also move forward. The bars are configured to move slightly slower than the actual motion, as we found that a 1:1 mapping produced an overwhelming motion effect in the opposite direction during pilot testing.

The countervection visualization is designed to partially cancel the vection experienced in the peripheral regions of the VR display. As such, we aimed to balance the strength of the effect (in terms of brightness) and the speed of the motion with the VR periphery.

Additionally, we implemented a dynamic switching strategy in which the full environment is rendered while the user is not moving or when the movement comes only from their physical movement of their head, but countervection cues fade in when the user begins to move via external input (e.g., joystick input). This means that we fade in the countervection cues only when the person is experiencing visual-vestibular mismatch. This allows the user to attain the benefit of a wider field of view (better immersion, more information) while also benefiting from the reduced vection (and thus reduced visual-vestibular conflict) of the countervection visualization. Our second study specifically examines the effects of countervection visualization and full environment visualizations on simulator sickness.

USER EVALUATIONS

We conducted two evaluations with 17 participants (6 female, mean age 28). Participants completed the two studies in a single session lasting 60 minutes: a search task where participants moved their head to locate an object, and a simulator sickness evaluation in which participants were asked to evaluate their subjective nausea over a range of rendering conditions.

Participants were given the option to stop the experiment at any time. Each participant was compensated $10 for participating, regardless of how much they completed. All 17 participants completed the search task, while 14 participants completed the sickness evaluation.

Procedure

Participants were first asked about their experiences with virtual reality. Only one person mentioned using virtual
participants try out different turning radii.
Following the chase task, participants were asked if they were willing to continue with a final, possibly difficult task in which they were involuntarily moved around a space (i.e., moved on “rails”). In this task, participants were able to switch between the three conditions from study 2 using buttons on the gamepad, and try different conditions out as they moved through the space. Participants were asked specifically to rank the conditions in order of comfort based on which conditions they felt minimized their nausea. Participants were given as long as they wanted to make this determination, and were asked to stay until they had fully determined their ranking.

Participants who declined the involuntary “rails” task were asked to complete it with voluntary movement instead, i.e., where they both moved themselves around and changed the rendering mode using the gamepad. Of the 144 participants who completed the chase task, three participants chose this option.

In the involuntary movement-on-rails task, participants moved along a looping path which repeated until they stopped the experiment. Along both straightaways, the participant’s avatar accelerated gradually to the midpoint then decelerated to a stop. At the end of each straightaway, the avatar jumped about 1.2m into the air to provide some vertical motion, then proceeded to execute the turn and the next straightaway.

RESULTS
Although we did not explicitly ask participants to rate our system overall, many participants reacted positively to the system, noting that they “liked this much more” (P2), “[SparseLightVR] felt the most natural” (P12), or that tasks were “a lot easier with [SparseLightVR]” (P4). Two participants (P3, P12) found the LEDs to be too bright, while others found it hard to see cues (P8), suggesting that the brightness of SparseLightVR could be made customizable per-person to improve the experience.

Study 1 – Search Task
Completion time of a trial in this task depended strongly on two factors: whether the next target was visible in the field-of-view at the start of the trial (i.e., whether the participant had to actively move his head to find the next target), and the angular distance to the next target. We also recorded the total angular distance traveled due to the Oculus Rift’s orientation smoothing, this total distance incorporates very little noise.

We discarded trials in which participants missed the target on their first click attempt (162 trials in all), and trials in which the target appeared in the same location as the previous trial (21 trials in all). Of the remaining 2367 trials, 988 had initially-visible targets.

To measure task performance, we use two measurements: the average targeting velocity measure – the ratio between the angular distance to the next target and the completion time – and the movement ratio – the ratio between the total angular distance travelled and the angular distance to the next target. The former measures in effect how quickly the person targets the object, and the latter measurement measures how efficiently they locate the target.

Results are summarized in Figure 15. All significant differences were determined through repeated measures Tukey HSD at a p<0.05 significance level.

For trials with initially visible targets, all three conditions were significantly different for average targeting velocity (SparseLightVR 49.2º/s, Regular 41.4º/s, Narrow 21.2º/s), and Narrow was significantly different from the other conditions for movement ratio (Narrow 2.35, Regular 1.29, SparseLightVR 1.28).

For trials without initially visible targets, all three conditions were significantly different for average targeting velocity (SparseLightVR 70.7º/s, Regular 53.1º/s, Narrow 24.2º/s), and AR was again significantly different from the
other conditions for movement ratio (Narrow 4.79, Regular 1.70, SparseLightVR 1.28).

The poor performance of the Narrow condition (very low average targeting velocity and very high movement ratio) can be explained due to the very small field of view of the “augmented reality” condition: when the object was not immediately visible in the view, participants had to execute a time-consuming grid sweep to locate it, and each motion only revealed a small amount of the grid. By comparison, with SparseLightVR, the grid was revealed rapidly as the participant moved their head.

In the post-study survey, participants were asked to choose the condition that was most helpful, most comfortable, and most preferable. Participants uniformly chose SparseLightVR as being the most helpful, with several noting that the expanded field of view helped find the target faster (“amazing how much those little [peripheral] cues help” (P12)). 15 participants chose SparseLightVR as being the most comfortable, with two participants choosing the Regular experience instead due to the brightness of the LEDs. Finally, all participants indicated they would prefer SparseLightVR in a VR experience (e.g. “I hate the black rim” (P1), “this would be useful in [a first person shooter]” (P2)).

Study 2 – Simulator Sickness

Although we attempted to use the Simulator Sickness Questionnaire [12] to gauge participant nausea after each chase task repetition, we found that the SSQ results were extremely subject to order effects. In some participants, their sickness scores consistently rose through the experiment, indicating mounting nausea (despite being given breaks to get up, walk around, drink water, etc.). In other participants, their sickness scores consistently dropped through the experiment due to increased familiarity with the scene. Three participants noted almost no nausea across all three conditions. Consequently, we did could not use the collected SSQ scores to establish the effect on nausea. However, the participants also had a chance to directly compare the three conditions and come up with a ranking when specifically asked to rank them in terms of how nauseating the experience was.

10 of our participants felt comfortable enough after the chase task to do the high-intensity movement-on-rails task, while the remaining 3 participants moved themselves through the scene. Remarkably, all participant rankings fall into only 3 particular orderings: 9 of the 14 participants ranked countervection first (followed by wide, then no-periphery); 2 participants ranked wide field of view first, followed by countervection in second place; and three participants ranked the no-periphery condition first, followed by wide field of view, followed by countervection.

Thus, in total, 11 of the 14 participants preferred the countervection rendering to the no-periphery condition. Several participants expressed a clear difference between countervection and wide FOV rendering (e.g., P8 felt “immediate relief” when switching to countervection rendering, P10 noted it was less jarring during rotations, while P15 noted that “[countervection] stabilized me during turns”). However, a few participants also found the countervection rendering to be distracting, noting that the ordinary wide field of view “looks better” (P15) or simply expressing a general preference for the ordinary rendering.

These results indicate that participants strongly preferred SparseLightVR in motion-heavy tasks, and the high ranking of the countervection rendering condition suggests that appropriate peripheral cues can help mitigate user sickness.

DISCUSSION AND LIMITATIONS

Although the SSQ questionnaire results were inconclusive, the direct comparison ranking in our study showed that the SparseLightVR display was preferred over no periphery for being less sickness-inducing, even without the stabilizing effects of the countervection cues. As this conflicts with prior research results on wide FOV mixed-reality systems (e.g. [16]), we believe this merits further investigation.

We note that the low resolution of the display may contribute to decreased nausea. Duh, et al. [8] found that high-resolution content in the foveal area tended to make users lose their balance more often than low-resolution content. This finding that may extend to the peripheral display, and should certainly be explored in future work.

Sparse peripheral displays do suffer from a number of limitations compared with other means of expanding the field of view. Because they are low resolution, it is inherently difficult to display small objects or fine detail. We partially mitigate this in our implementation using Voronoi rendering to ensure that all objects contribute to the nearest LED, but ultimately system designers will have to carefully design environments and objects to produce optimal sparse periphery renderings. This could involve, for example, rendering only targets or relevant objectives (as we did in the search task), or rendering simplified low-detail geometry to make relevant objects stand out more.

Because the sparse peripheral display requires a separate virtual camera for each eye, in addition to the two eye cameras already required for the VR/AR headset, rendering sparse peripheral display content can cause a significant performance impact. Furthermore, because the sparse peripheral displays cover a large field of view, the graphics pipeline must render many more objects, incurring performance penalties. In our implementations, we use very low resolution render textures for the sparse periphery (128x128 or lower) and disable most shader effects which are imperceptible in the low-resolution sparse periphery. However, the additional rendering load is still significant, limiting the complexity of scenes we can render. The problem is especially acute in SparseLightAR, with its smartphone GPU. Designers will have to carefully consider
what is rendered to the sparse periphery to minimize rendering cost, and learn optimization techniques specific to the sparse periphery.

While sparse periphery displays can usefully expand the field of view for a user who is attending to the central high-resolution display, the displays are much less useful if the user looks directly at them. Thus, users will have to avoid glancing around too much, which can be limiting and artificial. With a reasonably wide-FOV central display (such as the Oculus Rift display), users may not have to look directly at the periphery as often, partially mitigating this issue.

Although super-wide FOV displays are not yet practically available, some designs on the market (such as the Wearerality Sky [29]) are moving in that direction. Should wide FOV displays become widespread, we argue that sparse peripheral displays may still be useful. As our results, and past work (e.g., [8]) suggest, lower resolution peripheral displays can help to reduce motion sickness. Thus, even wide FOV displays could have a resolution toggle to display lower resolution imagery to motion-susceptible individuals, emulating a sparse peripheral display in software.

While we did not explicitly evaluate our AR prototype, we believe that our results for improved situational awareness in VR (study 1) should apply to AR systems as well. Our “narrow” condition simulated the same field of view as a typical AR system, and we showed that SparseLight produced a significant improvement over a narrow field of view.

Finally, our current implementations use fairly large LEDs (5x5 mm). However, extremely tiny SMD LEDs are available (as small as 0.65x0.35 mm), making it possible to make the LED itself nearly imperceptible when placed near the eye. This in turn would make it possible to develop a see-through AR display where the environment is fully visible, with a sparse peripheral display of miniature LEDs in similar arrangement as SparseLightAR. In this way, the full benefits of see-through AR could be realized in conjunction with a wide FOV sparse peripheral display.

FUTURE WORK
The literature contains many examples of uses for wide field of view displays, as covered in the related work section. Exploring which of these uses are practically feasible with sparse peripheral displays would produce further insights into the capabilities of this concept. For instance, exploring the various peripheral rendering modes used by IllumiRoom [10] would dramatically increase the richness of peripheral rendering options available to designers. Another promising area of research would be to integrate peripheral flicker [25] notifications, like those developed by Kooi et al. [15], into a sparse peripheral display, providing unobtrusive but immediately visible notifications.

Because our countervection visualization helped mitigate user sensations of motion sickness, we suggest further research should be done on its applications to various VR devices and approaches. For instance, studying the countervection visualization in a high-resolution wide-FOV display would determine whether its properties depend on the resolution used.

Repeating our Study 2, but with longer trial exposure and significantly longer time delay between trials, might reveal statistically significant differences in the simulator sickness questionnaire data, which would be a welcome validation of our direct comparison results.

Further investigations on the relationship between peripheral resolution, field-of-view and simulator sickness in general would also be very valuable to the research community. In particular, we believe that our sparse peripheral display concept could offer a practical solution to the simulator sickness problem, but further investigations are needed to potentially allow a substantial number of motion-sickness-sensitive users to enjoy VR experiences previously unavailable to them.

CONCLUSIONS
In this paper, we presented the concept of the sparse peripheral display, which adds a matrix of colored LEDs to the periphery of an existing high-resolution head-mounted display. We contribute two prototype implementations, SparseLightVR and SparseLightAR, which demonstrate the feasibility of retrofitting such lightweight, inexpensive display enhancements on top of existing VR/AR hardware. We also evaluated our SparseLightVR implementation in two studies that found that people have increased situational awareness, preference for the experience, and presence in the 3D scene when using our prototype. Lastly, we found that our novel countervection visualization holds promise in reducing the effects of simulator sickness experienced by VR users. We believe that sparse peripheral displays offer an inexpensive, light and highly customizable way to significantly improve existing AR and VR head-mounted displays. We are particularly encouraged by our results demonstrating that they can also help make mixed-reality experiences more comfortable and less nauseating.

ACKNOWLEDGEMENTS
We thank Jaron Lanier, Victor A. Mateevitsi, Patrick Therien, Josh Hudman, Javier Porras Louashi, Wayne Chang and all the members of the Microsoft Research COMRADRE and Hardware Labs for developing the custom AR display and helping us adapt it for the SparsePeriphery project.

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